

## **Eating for a Future** Krista Rome Resilient Seeds

A community dialogue about the choices we can make to be better climate stewards through our diet. Come share your ideas in a conversation about the impacts of our food system on the climate and a variety of approaches we can take personally and as a community to minimize that impact. All perspectives welcome.

## **Making Asian Pickles** Les Ishimoto

Asian quick pickles are a traditional accompaniment to meals. These simple, easy to make pickles bring bright flavor to your favorite Asian dishes.

Les Ishimoto preserves Japanese and Hawaiian culinary traditions by growing and cooking Asian vegetables. He is a culinary school graduate and former chef.

## **“The 5th Season-Preserving the Harvest”** Jennie GoForth

This workshop will explore a range of preservation strategies to help you enjoy the harvest through the cold winter months, and which methods might be best suited for particular varieties. We'll also learn how to select seed varieties with preservation in mind!

Jennie teaches with the WSU Skagit County Extension and Flinney Farm

## **Imagine Permaculture: Resilient Whole System Design Strategies** Brian Kerkvliet

I will share with you an overview of what Permaculture is and some of the strategies used to implement it on your land. Ethics, concepts, strategies and themes of design will form a basis of understanding of how to partner with natural systems to create a resilient abundant regenerative system. Questions and answer period will follow the presentation.

Brian Kerkvliet

As a co-steward of Inspiration Farm, Brian has a wide breadth of practical knowledge on how to partner with natural systems to bring forth stability and abundance. Having completed three full Permaculture design certificate courses, he now does consultation work for others who want to fast track the establishment of resilient system on their land. Brian teaches workshops at Inspiration Farm pertaining to the many aspects for designing and living within a resilient system that provides for most of the food fiber and medicine needed to live a happy healthy life while restoring the ecosystem. His enthusiasm to share this with a wider audience shows in all that he does.

Inspiration Farm is an 11 acre homestead styled farm founded in 1994. Integrating Biodynamic and Permaculture practices in relation to annual & perennial food systems, animal husbandry, appropriate technology, land/water nutrient management. Throughout the year we have a variety of Events, Tours and Workshops. More info can be found at [www.inspirationfarm.com](http://www.inspirationfarm.com)

## **Edible Weeds** with Terri Wilde

Meet common weeds and learn of their nutritional and medicinal values

Terri is a forager, herbalist and permaculturalist

## **Master Gardener info, community food gardening forum info , soils and compost and a diagnostic plant clinic info** Beth Chisholm, Community Horticulture & Master Gardener Coordinator

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[www.whatcom.wsu.edu](http://www.whatcom.wsu.edu)